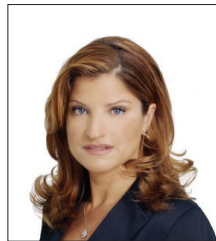


You're invited to our Living to 100 workshop



Insights on the challenges and opportunities of longevity.

Having a sound financial plan is important as we age and it goes hand-in-hand with living a happy and healthy life. In “Living to 100” Dr. Alexis Abramson will help you make changes to your life that can have a positive impact on the ageing process and add both quality and quantity to your years. [Click here to learn more.](#)



Alexis Abramson, Ph.D. Dr. is an Emmy and Gracie award-winning journalist who has appeared frequently as an on-air expert gerontologist for NBC's Today show, CNN, CBS, RLTV and MSNBC. She is a featured blogger on many top tier websites including YAHOO!, HuffingtonPost, Sharecare and Caregiving.com. She is highly-sought after as a keynote speaker, bringing awareness of baby boomer and mature adult issues to corporations, consumers, government agencies, and non-profit groups.

Date:

Time:

Venue: