

# Investment Insights

## Lessons of the Past: Higher for Longer

Summer 2024

*“What’s past is prologue.” — William Shakespeare, *The Tempest**

With expectations for multiple interest rate cuts to start the year, why have the central banks been slow to move? On June 5, the Bank of Canada became the first Group of Seven central bank to reduce its policy rate, by a quarter-percentage point. However, the central banks have been proceeding cautiously with their monetary policy decisions. Let’s not forget that they faced significant criticism in 2021 for not acting swiftly to contain rising inflation, suggesting it was transient. Additionally, their caution has been influenced by the looming spectre of the 1970s.

Just how severe was inflation in the 70s? In an era of bell bottoms and a Beatles’ breakup, it was a decade marred by persistently high inflation, high unemployment and low growth, or stagflation. During this time, Canada grappled with an average inflation rate of around 8 percent, with inflation peaking two times: 11 percent in 1974 and almost 13 percent in 1981. In the U.S., inflation would hit 14 percent by 1980. It was only when then-Fed Chair Paul Volcker aggressively raised the federal funds rate to 20 percent by 1981 that inflation would be contained, but this pushed the U.S. into severe recession. Canada followed suit by hiking rates to a whopping 21 percent. At that time, five-year fixed mortgage rates reached a high of 21.5 percent; a stark contrast to today’s rates of around 6 percent.

Central bankers are keen to avoid a repeat of the 1970s. Some suggest that the underlying drivers of inflation back in the 70s share similarities to today. Oil price shocks and energy supply shortages played a major role back then, compounded by the expansive fiscal and monetary policies of the 1960s and early 70s aimed at boosting employment. When inflation peaked in 2022, many attributed it to pandemic-induced supply chain disruptions, along with overly expansionary fiscal and monetary policies in response to the pandemic. Whether or not we agree on the drivers, one thing is certain: a slow response in the 70s led to higher interest rates and a more pronounced economic slowdown.

Today, labour markets remain resilient amid easing inflation, a comforting development. Traditionally, inflation and unemployment exhibit an inverse relationship, observed by the economic theory known as the “Phillips curve.” Instances of significant central bank-induced disinflation often coincide with elevated unemployment rates and recession.<sup>1</sup> While the psychological toll of inflation is undeniable — most of us have felt the pain with the rising costs of essentials like groceries — the impact of increased unemployment may be more profound. Multiple studies have shown that higher unemployment depresses our well-being more than inflation; with one study suggesting nearly double the impact and another proposing up to five times as much.<sup>2</sup>

Achieving a “soft landing” that maintains both labour and price stability is, therefore, enviable — and still appears attainable. However, the central banks remain cautious in their rate adjustments, mindful of the past. Just as with many aspects of investing, patience may continue to be needed as we navigate the ongoing battle against inflation.

1. <https://www.reuters.com/business/retail-consumer/fed-needs-recession-win-inflation-fight-study-shows-2023-02-24/>; 2. <https://www.wsj.com/articles/inflation-and-unemployment-both-make-you-miserable-but-maybe-not-equally-11668744274>

### In This Issue

Timing CPP/QPP Benefits ... 2

Increasing Capital Gains Inclusion Rate ... 3

Two Graphics: Perspectives on Taxes ... 3

How Much Should I Be Saving? ... 4



L to R: Donna Davies, Brad Aulthouse, Andrew Bandler, Beth Primeau

### To Our Clients:

Despite positive equity market strides including robust market breadth, opinions on the near-term outlook remain varied. One market observer recently noted that we find ourselves in a ‘liminal space’ — a transition zone where economic conditions are neither terrible nor great. It’s a fair observation and one that may explain why financial market narratives appear to keep shifting. With summer’s arrival, it’s an opportune time to take a break from the headlines. Short-term uncertainties will always be with us; yet, most of us are investing for the longer term and not based on what tomorrow may or may not bring.

One of our roles is to simplify your financial life, tending to your wealth management so you can step back from the noise. Don’t hesitate to call if we can be of assistance with any investment matters, but know that we are here taking care of things for you. Enjoy the summer.

**Brad, Andrew, Beth & Donna**

# Timing CPP/QPP Benefits: Three Things You May Not Know

Here are three things that may impact the timing decision.

Lately, there's been considerable media attention advocating for the delay of Canada/Quebec Pension Plan (CPP/QPP) benefits, likely because the vast majority take benefits early. Actuarial studies continue to show that many are better off delaying since the break-even age\* falls below our average life expectancy. Living beyond this age means that waiting will yield a larger total lifetime payment. Recall that starting CPP/QPP before age 65 (as early as age 60) decreases payments by 0.6 percent per month;\*\*\* yet, delaying beyond 65 increases payments by 0.7 percent per month, up to 42 percent (age 70) for CPP and, now, 58.8 percent (age 72) for QPP.

If you've yet to make the decision, here are three things you may not know:

**1. Retiring early — or late — can impact the benefit amount.** Consider the situation in which an individual works past age 65 and also delays the benefit. This can lead to a potentially greater benefit. For both CPP and QPP, since lower-earning years tend to be at younger ages when first starting a career, by extending your working years past age 65, you may add higher-earning years to the calculation and increase the benefit. For the CPP, benefits are generally calculated using the best 40 years of income, usually between ages 18 and 65, but you may be able to use those earnings to replace any periods of low earnings before age 65. The good news? It doesn't work the other way: Low-earning years past age 65 will have no effect on the CPP benefit calculation. However, for both CPP and QPP, if you retire before 65 and wait to take benefits, the zero-earnings years have the potential to negatively impact the benefit (i.e., retiring at age 60 and waiting to collect CPP/QPP at age 65 can potentially add five zero-earning years to the calculation of the benefit).

## 2. Survivor benefits may be less than anticipated.

CPP/QPP survivor benefits are often misunderstood.

Many assume they are more generous than they

actually are, which can leave a retirement income/cash flow shortfall for a surviving spouse. Consider a situation in which both spouses collect maximum CPP benefits, collectively providing almost \$33,000 in annual retirement, based on a monthly CPP of \$1,364.60 (2024). If one spouse passes away, annual benefits of over \$16,000 will be lost. This is because the most that can be paid to a surviving spouse eligible for both CPP and survivor benefits is the maximum retirement pension. If the spouse was the only one eligible for CPP and dies after taking their CPP at age 65, the surviving spouse may be eligible for up to 60 percent of the deceased's benefits. How much is received depends on a number of factors, including their age and whether they're taking their benefits before or after age 65.

**3. You can change your mind, within limits.** If you start benefits and change your mind, you can cancel CPP within 12 months of its start, or 6 months for QPP. The cancellation must be in writing to Service Canada/Retraite Québec and you must pay back the benefits received.

\*The age at which total benefits received by delaying payments exceed total benefits received by starting payments earlier. \*\*\*Or 0.5 percent for some small QPP amounts.



**CPP Timing Tool:** If you have yet to take benefits, this tool may help you frame the timing decision: <https://www.theglobeandmail.com/investing/personal-finance/tools/cpp-benefits/>

## In Brief: Budget 2024 — Key Changes Impacting Investors

In the spring, the Federal government released its budget. There were no changes to personal or corporate income tax rates, but here are five notable changes for investors.\*

**1. Capital gains inclusion rate** — The budget proposes\* to increase the capital gains inclusion rate from 50 percent to 66.67 percent for corporations and trusts and on the portion of capital gains realized that exceeds a threshold of \$250,000 per year for individuals, for capital gains realized on or after June 25, 2024.

**2. Lifetime capital gains exemption (LCGE)** — The budget proposes to increase the LCGE from \$1,016,836 to \$1,250,000 for dispositions on or after June 25, 2024, with this indexed to inflation beginning in 2026.

**3. Canadian entrepreneur's incentive** — This new incentive proposes to reduce the prevailing capital gains inclusion rate by 50 percent on the disposition of qualifying shares by an eligible individual on up to \$2 million of lifetime capital gains, subject to conditions. The limit will be phased in by \$200,000 per year, beginning in 2025 and reaching \$2 million by 2034.

**4. Alternative minimum tax (AMT)** — The AMT is a "parallel tax" calculation that prevents high-income earners and some trusts from

paying little or no tax as a result of certain tax deductions and credits. The budget further amends the AMT rules, notably those relating to donations to now allow individuals to claim 80 percent of the charitable donation tax credit when calculating the AMT, instead of the previously proposed 50 percent. Employee ownership trusts would be fully exempt from the AMT.

**5. Employee ownership trusts (EOT)** — An EOT is a trust that holds shares of qualifying businesses for the benefit of employees to support succession planning and promote employee ownership of small businesses. The budget further clarifies the conditions required to meet the \$10 million capital gains exemption on the sale of shares to an EOT. Most notably, the exemption can be shared among multiple individuals and the exemption applies to qualifying dispositions of shares that occur between January 1, 2024, and December 31, 2026.

For more information, please see: <https://budget.canada.ca/>

\*At the time of writing, budget legislation has not been enacted.



# Reducing the Bite: An Increasing Capital Gains Inclusion Rate

With an increase to the capital gains inclusion rate, are there ways to manage a potentially greater tax bite?\*

Since late 2000, 50 percent (1/2) of realized capital gains have been subject to tax. As of June 25, 2024, the inclusion rate will increase\* to 66.67 percent (2/3) for corporations and trusts, and on the portion of capital gains realized in the year that exceed \$250,000 for individuals. The table shows the impact on a capital gain of \$500,000 for an individual with no other gains. Are there ways to manage the potential tax bite? Here are a handful of ideas:

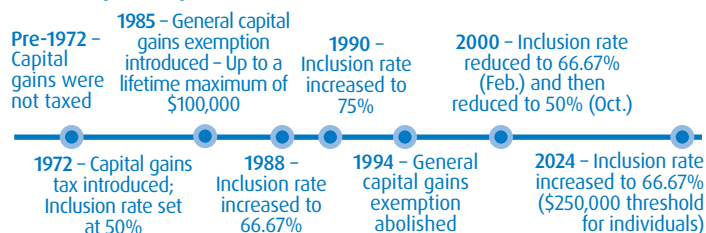
**Weigh the benefits of a lower inclusion rate** — Tax deferral is commonly viewed as a way to create greater future returns since funds that might otherwise go to paying tax can remain invested for longer-term growth. However, individuals should evaluate the possibility of accelerated taxation at a lower rate versus deferred taxation at higher rates: A higher inclusion rate applies to gains over \$250,000. As an example, based on a capital gain of \$100,000 and a marginal tax rate of 48 percent, an investor would save \$8,000 in taxes by realizing a gain at the lower inclusion rate. Yet, this comes at the cost of “pre-paying” \$24,000 in capital gains taxes today. If this amount was invested with a return of 6 percent per year, it would take seven years of tax-deferred growth, based on a 2/3 inclusion rate, to beat the \$8,000 in tax savings.

**Spread gains over multiple years** — If possible, consider realizing gains over multiple years to take advantage of a lower inclusion rate under the \$250,000 threshold versus a larger realized gain in a single year.

**Crystallize gains** — Deliberately selling and rebuying stocks to trigger a capital gain (“crystallizing”) can decrease book value over time. This strategy, often used in years when an investor is in a lower tax bracket, may help to capitalize on the lower inclusion rate each year.

**Plan to cover increased tax liabilities** — Plan ahead for an increased tax liability. The use of insurance or other planning techniques may be

## A History of Capital Gains Tax in Canada



Source: “A Primer on Capital Gains Taxes in Canada,” CBC, 10/18/2000.

considered to cover the eventual higher tax liability, such as for the transfer of a family property.

**Donate securities** — Assuming the new rules apply to the deemed disposition of assets at death,\* for estate planning if you are considering donating to a registered Canadian charity, consider the use of publicly-listed securities as any accrued capital gain is excluded from taxable income and a donation receipt equal to the value of the donated securities is received.\*\*

**Business owners** — Evaluate whether certain assets should be held in the corporation or owned personally. For corporations, there is no \$250,000 threshold; realized capital gains are taxable at the 2/3 inclusion rate. The use of corporate-owned insurance or an Individual Pension Plan may be considerations for a business’ tax strategy. Plan ahead to use deductions, such as the lifetime capital gains exemption proposed to increase to \$1.25M, to reduce the taxes payable on the disposition of qualified shares.

As always, please seek advice from a tax expert regarding your situation.  
\*At the time of writing, legislation has not been enacted.  
\*\*If managing over a lifetime, this applies to individuals not affected by the AMT.

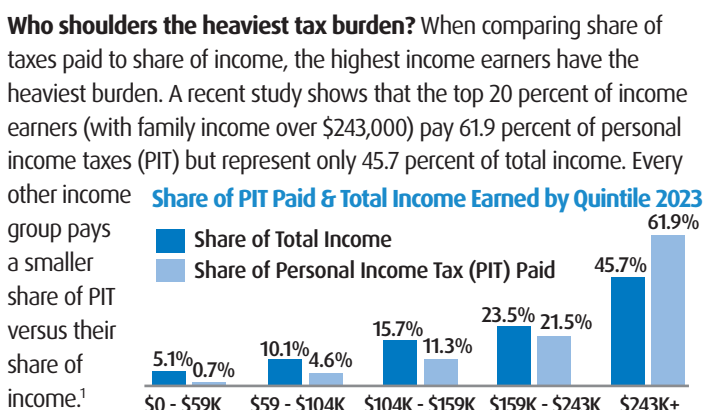
## How Much More Tax On a \$500,000 Gain?

Province	Tax Rate on Capital Gain*		Additional Tax
	1/2 Inclusion	2/3 Inclusion	
BC	26.75%	35.67%	\$22,292
AB	24.00%	32.00%	\$20,000
SK	23.75%	31.67%	\$19,792
MB	25.20%	33.60%	\$21,000
ON	26.76%	35.69%	\$22,304
QC	26.66%	35.54%	\$22,213
NB	26.25%	35.00%	\$21,875
NS	27.00%	36.00%	\$22,500
PEI	25.88%	34.50%	\$21,563
NL/LB	27.40%	36.53%	\$22,833

\*For individuals based on top marginal tax rates, 01/01/24.

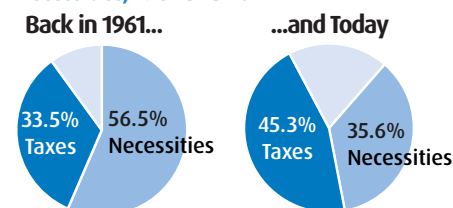
## Two Graphics: Perspectives on the Taxes We Pay

If it feels like you’re paying more tax, you may not be mistaken. Here are two graphics that provide insight on the taxes we pay.



**How has our tax burden changed over time?** According to the *Canadian Consumer Tax Index*, around 45.3 percent of family income goes to pay taxes today. Since 1961, this has increased by 2,778 percent, outpacing the 863 percent rise in the Consumer Price Index.<sup>2</sup> Despite recent inflationary pressures, it may be surprising to note that over the past six decades, the portion of income allocated to necessities — housing, clothing and food — has decreased by over 20 percentage points. This has resulted in greater disposable income despite a higher tax burden.

## Average Canadian Family’s Tax Burden vs. Necessities, 1961 and 2022



1. <https://www.fraserinstitute.org/studies/measuring-progressivity-in-canadas-tax-system-2023>; 2. <https://www.fraserinstitute.org/studies/taxes-versus-necessities-of-life-canadian-consumer-tax-index-2023-edition>



# You Asked: How Much Should I Be Saving?

If you are looking to do a quick financial checkup this summer, here are some simple “rules of thumb” that may act as useful guidelines.

We often have questions from clients about setting target savings rates for investing: What is an appropriate savings rate? Of course, individual situations differ, depending on stage of life, current obligations, lifestyle and other personal circumstances. However, sometimes it can help to use simple rules of thumb as a starting point. One rule to consider is the **50-30-20 Budgeting Rule**. This suggests dividing after-tax income into three buckets: 50 percent to “needs,” 30 percent to “wants” and 20 percent to “savings.” Needs include housing, utilities, food, transportation, healthcare and childcare. Wants are non-essential, such as memberships, entertainment and fashion. Savings include investment and debt repayment.

Here are some other “rules of thumb” that may spark meaningful discussions about wealth management, budgeting or family and estate planning, or perhaps help to motivate better financial decisions:

**The Net-Worth Indicator:** This rule of thumb can be used to gauge your current wealth accumulation progress based on your household income, as developed by the authors of the book *“The Millionaire Next Door.”* Multiply your age by your realized pre-tax annual household income from all sources except inheritances. Divide by ten. The answer is your expected net worth. If your actual net worth is more than twice this figure, you are considered a “prodigious accumulator” of wealth. If it is below this figure, you are considered an “under-accumulator” of wealth.

**The Rule of 72:** This is a simple way of estimating the time it takes to double an investment based on a constant annual rate of return: dividing 72 by the rate of return estimates the approximate number of years to double. For example, at a 6 percent rate of return, it would take around  $72 \div 6 = 12$  years. The Rule of 72 may serve as a reminder that the benefits of compounding require patience, spanning over years rather than being influenced by the daily fluctuations in equity market performance.

**The “Rule of 30” for Home Purchases:** One rule of thumb used in the past suggested the price of your home should be no more than three times your annual gross income. However, as housing prices have skyrocketed in many geographies, this rule is largely outdated. Instead, the “Rule of 30” may be more practical, suggesting we should limit total annual housing costs (i.e., mortgage payments, insurance, property taxes, maintenance) to 30 percent of gross income. This rule may help younger folks frame a purchase decision, as overspending can leave individuals financially vulnerable, especially in the event of unforeseen circumstances such as job loss or economic downturns.

**The 40/70 Rule for Aging:** This is intended to encourage discussions about aging-related matters, suggesting that these conversations should happen between adult children and their aging parents once the child reaches the age of 40 or the parents turn 70. The rule is based on the premise that it is best to start these discussions when parents are still healthy and capable — well before any potential crisis forces decisions to be made. These discussions may include difficult topics such as future care, living arrangements, decision-making support, finances and end-of-life decisions.

Of course, these rules of thumb are meant to be informal guidelines. They are oversimplified, do not consider individual circumstances and may not apply to everyone’s particular situation. However, they may provide high-level guidance and motivation when managing wealth. If any of these rules of thumb prompt further questions or the need for wealth management or estate planning support, please call the office.



With the compliments of...

**Brad Aulhouse**

Senior Portfolio Manager,  
Investment Advisor

613-967-2294

[brad.aulhouse@nbpcd.com](mailto:brad.aulhouse@nbpcd.com)

**Andrew Bandler, CIM, P. Eng.**

Portfolio Manager,  
Investment Advisor

613-967-2180

[andrew.bandler@nbpcd.com](mailto:andrew.bandler@nbpcd.com)

**Beth Primeau**

Senior Associate

613-967-5957

[elizabeth.primeau@nbpcd.com](mailto:elizabeth.primeau@nbpcd.com)

**Donna Davies**

Marketing Assistant

613-967-4396

[donna.davies@nbpcd.com](mailto:donna.davies@nbpcd.com)

**BMO Nesbitt Burns Inc.**

210 Front Street

Belleville, ON K8N 2Z2

Toll Free: 1-800-647-3998

Fax: 613-967-6054

[www.bradaulhouse.com](http://www.bradaulhouse.com)



**BRAD AULHOUSE &  
ANDREW BANDLER**

Portfolio Managers

BMO NESBITT BURNS

BMO Private Wealth is a brand name for a business group consisting of Bank of Montreal and certain of its affiliates in providing private wealth management products and services. Not all products and services are offered by all legal entities within BMO Private Wealth. Banking services are offered through Bank of Montreal. Investment management, wealth planning, tax planning, and philanthropy planning services are offered through BMO Nesbitt Burns Inc. and BMO Private Investment Counsel Inc. Estate, trust, and custodial services are offered through BMO Trust Company. Insurance services and products are offered through BMO Estate Insurance Advisory Services Inc., a wholly-owned subsidiary of BMO Nesbitt Burns Inc. BMO Private Wealth legal entities do not offer tax advice. If you are already a client of BMO Nesbitt Burns Inc., please contact your Investment Advisor for more information. BMO Nesbitt Burns Inc. is a Member - Canadian Investor Protection Fund and is a Member of Canadian Investment Regulatory Organization. BMO Trust Company and BMO Bank of Montreal are Members of CDIC.

“BMO (M-bar roundel symbol)” is a registered trademark of Bank of Montreal, used under licence.

BMO Private Wealth provides this publication for informational purposes only and it is not and should not be construed as professional advice to any individual. This newsletter was produced by J. Hirasawa & Associates, an independent third party for the individual Investment Advisor noted. While every effort is made to ensure that the contents have been compiled or derived from sources believed to be reliable and contain information and opinions which are accurate and complete, the author does not accept responsibility or liability resulting from the information or content provided. The information contained in this publication is based on material believed to be reliable at the time of publication, but BMO Private Wealth cannot guarantee the information is accurate or complete. Individuals should contact their BMO representative for professional advice regarding their personal circumstances and/or financial position. The comments included in this publication are not intended to be a definitive analysis of tax applicability or trust and estates law. The comments are general in nature and professional advice regarding an individual's particular tax position should be obtained in respect of any person's specific circumstances.